

Knit Stitch Bind-Off Method

Free instructions by Lisa Sawyer at
<http://www.loomknittingdesigns.com>

Materials:

- Any loom knit project on a round or single rake loom
- Yarn pick
- Scissors



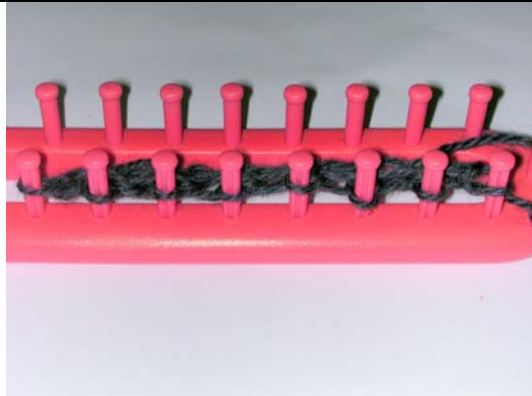
A couple of notes to start:

This bind-off method is a method I came up with while designing my Classic Mary Jane's slipper pattern. The pattern required a bind off on the strap which would be very visible at all times, since it's on the top of the foot, and I didn't want an ugly loose bind-off edge. This method is modeled after the needle knit bind off that is generally much less noticeable than the crochet bind off that is typically used in loom knit projects.

I hope you enjoy it!

Instructions:

These instructions start just before you are ready to bind-off. The pictures show a bind-off done on a Knifty Knitter II long loom that I'm only using one row of pegs. This bind-off works on any single rake loom.



Step 1

Step 1:

Here's the knitting all ready to bind-off. I'm only using 8 pegs for demonstration purposes.



Step 2

Step 2:

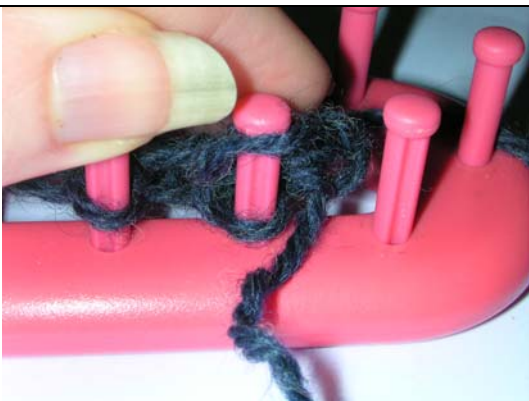
Start by doing a knit stitch in the first peg. I happen to be moving right to left – but this method works from either direction.

After doing the knit stitch, pull a little larger than normal loop through the loop on the peg. Hold onto this loop with your fingers.



Step 3

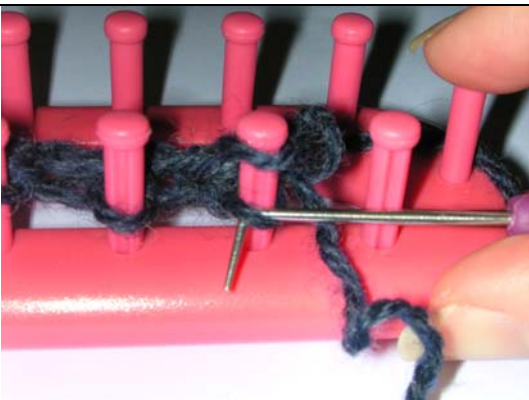
Step 3:
While holding onto the large loop with your fingers, lift the loop that is on the first peg off the peg.



Step 4

Step 4:
Now place the loop that you are holding on to the next adjacent peg – in this case it's the next peg to the left.

Tug the working yarn *slightly*, but don't tighten too much. The goal here is to keep it loose!



Step 5a

Step 5:
Now take your yarn pick and lift the bottom loop up and over the top loop on the 2nd peg.

As seen in picture 5b, you will be left with one loop on the second peg. All pegs should have only one loop at this point.

You should have one less peg used than when you started. For this demonstration, I started with 8, I now have 7 pegs used.



Step 5b



Step 6

Step 6:

Now do another knit stitch.
Again, pull a nice big loop and
hold onto it with your fingers.



Step 7

Step 7:

Just as in step 3, while holding
onto the large loop with your
fingers lift the loop remaining on
the 2nd peg up and off the peg.



Step 8

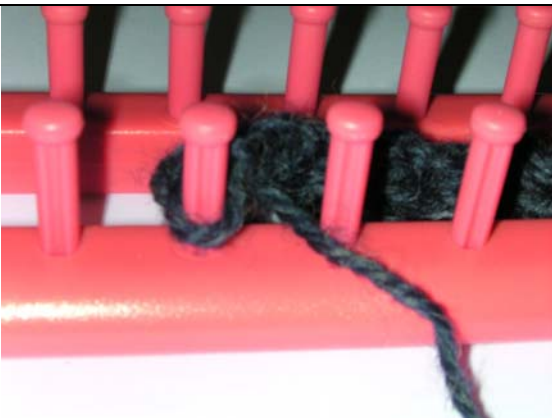
Step 8

Just as in step 4, place the loop you are holding onto the next adjacent peg – peg 3.

At this point you have 2 fewer pegs than when you started.

Repeat:

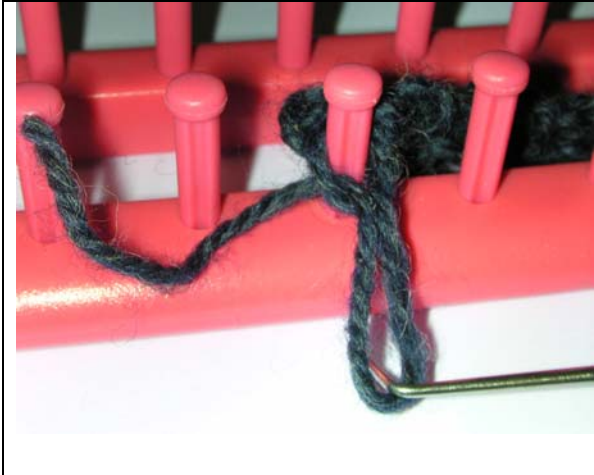
Repeat this process (essentially steps 2-5) until you have reached your last peg.



On the last peg, after you've knit the bottom loop over the top loop, you'll be ready to cut your yarn.



Leave about a 2-3 inch tail and cut your working yarn.



With your yarn pick, pull the working yarn tail that you just cut up through the last loop on your loom.

Then lift the last loop off your loom and give that tail a tug to tighten the last stitch.



Your work is off the loom. Now weave in the tail as normal.

Notes:

As mentioned previously, the Classic Mary Jane's slippers from LoomKnittingDesigns.com uses this bind-off method while working the straps. The pattern contains a paired down version of these instructions.