

Country Primitive Style  
Heart Shaped Dish Scrubby  
Original design by Lisa Sawyer  
<http://www.loomknittingdesigns.com>

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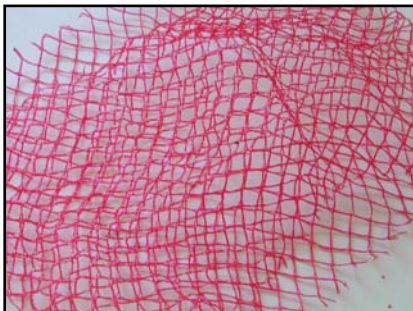
Materials:

- Knifty Knitter II long loom – smallest pink
- 1 ball 100% cotton worsted weight Sugar 'n' Cream
- 1 recycled apple or onion mesh bag
- Loom yarn pick and yarn needle
- Large crochet hook
- Scissors



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A note about the mesh bag:



The mesh bag I'm referring to is the bag that apples or onions come in from the grocery store. The one I used had apples in it. If you use the ones with onions you may need to wash or soak the bag in some soapy water to remove any onion smell.

The picture on the left above is the bag as it comes – minus the top and bottom tags that I cut off.

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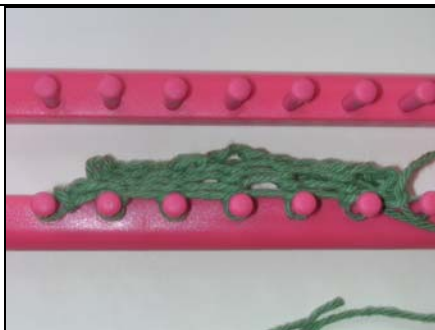
Casting on:

Cast on to your loom using a crochet hook and the crochet cast on method. Cast on 7 pegs across.

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Top of the heart:

You will be working a flat panel throughout. E-wrap 4 rows and knit off. Once you have 4 rows, create the center “divet” in the heart as follow:



**Step 1:**

Pictured on the left is the finished 4 rows of knitting. Your knitting should appear like this before moving to step two.



**Step 2:**

Just above peg number 4 – the center peg of your knitting - grab the edge of the cast on and place it over the peg. This is as if you were beginning a hat brim only you are only doing it on one peg, **not** all the pegs.

Knit this peg off. There should only be one stitch on all pegs

	now.
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Bottom of the heart:

Once you have completed the “divet” in the top, you will now work 4 rows even in e-wrap stitch.

*Decreasing for the point:*

Now you will begin to decrease for the bottom. To begin gradually decreasing, decrease one stitch on each side of the knitting every 3<sup>rd</sup> row.

To decrease, you will move the stitch on the first peg to the second peg and then e-wrap across the remaining pegs. All pegs will have two loops, including the first decreased peg. Knit off all pegs. This row counts as your first of three rows.

E-wrap across twice more and knit off. Now work another decrease row. As you decrease you should be decreasing in alternating directions as you go. For example: if the first decrease was done moving right to left, the next decrease is done moving left to right.

If you decrease in this way, your heart will be evenly pointy as you move down.

Continue to decrease until you have only 3 pegs remaining with stitches on them.

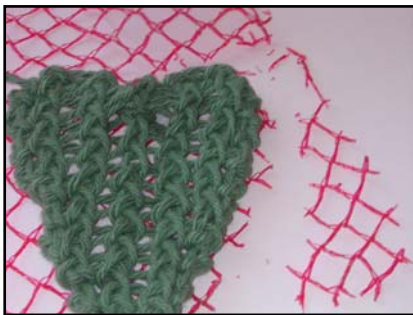
Now, decrease one stitch on every row until you have 1 peg remaining. Cut the yarn leaving a 6 inch tail and pull the end through the loop.



This creates your first heart. Make two of these for a nice thick scrubby. When completed, you should have two halves that are about the same size and shape.

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Assembling the scrubby:



Once you have completed two separate hearts, you will need to use one heart as a template to cut out a piece of the mesh bag. I like to only have one side scrubby and leave one side the soft cotton. So, you will only need to cut out one heart shape. The picture on the left above shows cutting out the heart shape from the bag.

Weave in all yarn ends on both hearts before continuing.

Now you will blanket stitch all three layers together. Blanket stitch is as follows:

**Step 1:**

Thread a yarn needle with a bit of contrasting color

yarn. Come up through all layers and without pulling the yarn all the way through, tie a square knot leaving about a 6 inch end of yarn.



**Step 2:**

Put your needle down through all layers about  $\frac{1}{4}$  inch from the initial knot.



**Step 3:**

Pull the yarn through and leave a little loop as pictured on the left.



**Step 4:**

Pull the yarn needle up through the loop from back to front.



**Step 5:**

Pull the working yarn tight. The finished stitch leaves a nice finished edge of yarn along the edge.

Repeat steps 2-5 about all the way around your scrubby. Weave in the yarn ends on the contrasting yarn.